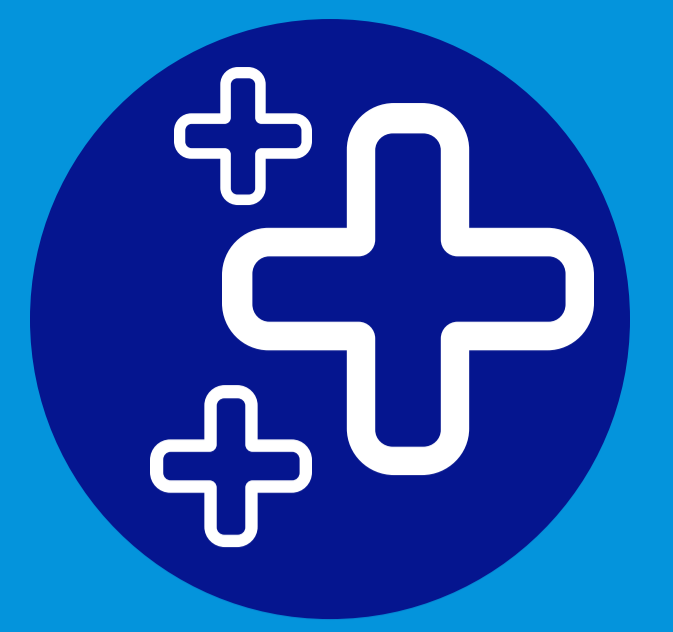


Stay Positive Worksheet



WRITE OR DRAW YOUR ANSWER



WAYS THAT I AM GOING
TO **STAY ACTIVE**:



WAYS THAT I AM GOING
TO **STAY CONNECTED**:



WAYS THAT I AM GOING
TO **STAY INFORMED**:



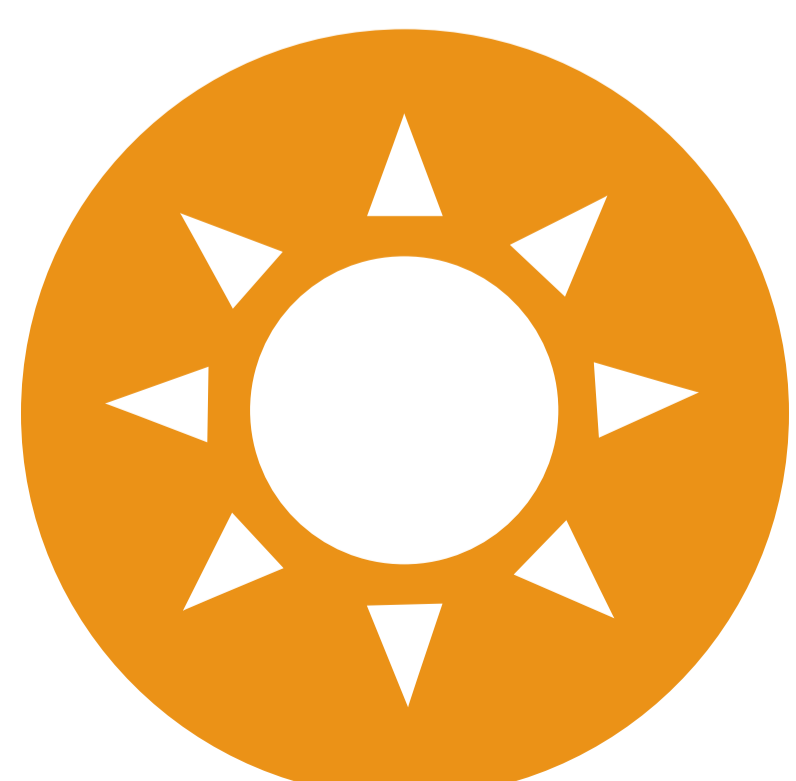
WAYS THAT I AM GOING
TO **HAVE FUN**:



GOOD THINGS THAT I AM
FOCUSING ON:



WAYS THAT I AM GOING
TO **LIMIT SCREEN TIME**:



WAYS THAT I AM GOING
TO **ENJOY THE
OUTDOORS**:



WAYS THAT I AM GOING
TO **SLEEP WELL**: